

2026



PLEASE READ ALL INFORMATION CAREFULLY

PLAYING REGULATIONS, POLICIES AND PROCEDURES

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RULE & PROCEDURE SIMPLIFICATION GUIDELINES

The 2026 HUMMA HYAH will be governed by the National Federations of High School Playing Rules and Procedures. The Queens has simplified rules and procedures to allow for a better basic understanding by teams, coaches, event managers and hosts.

I. Playing Rules:

1. SERVING:

Each server will have five seconds to serve the ball. For a bad toss, one reserve is permitted during term of service.

2. NET FAULTS:

Contacting the net is a violation.

3. CENTERLINE FAULTS:

A player's complete foot / hand must be completely across the centerline before a fault is called. Any other body part across the center line is a fault.

4. BALL HANDLING VIOLATIONS:

All obvious catches, carries or throws of the ball are violations. This is known as prolong contact.

Note: In all divisions double hits will be considered legal and should not be called unless in the act of completing an attack.

5. BALLS:

Teams must provide balls for warm-ups and matches. Divisions 12 and under must use a volleyball lite.

6. COIN TOSS:

The team that appears first on the schedule will call the coin toss. The winner of the coin toss has a choice of serve or receive. There are no coin tosses for matches that have three sets (3 Team Pools) or playoffs. The team that served first in set one will serve first in set three.

7. TIME OUTS:

Each team will be allowed two timeouts per set. Time outs are 30 seconds and will be timed by the scoring table.

8. TEAM BENCH AREA:

Teams will occupy the same bench area throughout the match. Only team personnel may be seated at the team bench.

9. RELEASE LIABILITY FORMS:

Team coaches must have a copy of each player's release of liability forms during play.

II. 12'S PLAYING MODIFICATIONS

1. Teams shall provide a volleyball lite for play.
2. Each server shall be **allowed three consecutive serving points** during the term of service. After the third serving point the opponents will be awarded the ball to serve, but no point will be scored.
3. Any serving fault will result in a point and the ball being awarded to the opponent.
4. For players that coaches feel challenged, the serving line will be measured approximately 24 feet from mid-court. Players that have developed good serving skills should serve from behind the serving line. There is no service foot fault.
5. The net height will be 7.

III. OFFICIATING REQUIREMENTS: POINT OF EMPHASIS

1. Teams are responsible for providing:
 - a. **P.O.E.** A first referee (R1) (must be team coach or an adult) and a second referee, (R2). In the 12 and Under division an R2 is not required. The R2 will only call centerline and net violations.
 - b. Two-line judges positioned at opposite left back corners.
 - c. A scorekeeper, score flipper /timer. The timer is responsible for timing warm-up periods and time outs. **(Required Parent Assistance for 14 & Under Divisions)**
Officiating assignments will be noted on playing schedules. Only two players are allowed to be seated at the scorer's table. Other team players should not and may not congregate near the scorer's table.
 - d. Libero trackers **will not** be used.
2. The referee or scorekeeper will monitor the 30 second timeout periods.
3. The referee or scorekeeper will monitor the three-minute period between sets.

IV. MATCH PROTOCOL

1. WARM-UPS:

- a. Pre-match warm-up time frames will be noted on the playing schedules.
- b. The team that appears first on the playing schedule (home team) will take the court to the left of the scorer's table and the team that appears second on the schedule (visiting team) will take the court to the right of the scorer's table. **Teams will occupy the same bench area throughout the match.**

2. STARTING LINE-UPS & TAKING COURT:

- a. Players **will not** line up at the end lines before the match. Players go straight onto the court and play. The traditional sportsmanship handshake will be taken after the match.
- b. The coach will be responsible for placing their players in **proper service rotation** at the start of each set.
 - i. Line-up / service rotation sheets will be on the scorer's table.

3. SUBSTITUTION PROCEDURE:

- a. Substitutions **will not** be recorded by the scorekeeper or conducted by the second referee.
- b. The **coach must enter the substitution zone with player(s) substituting.** The referee will recognize the substitution when players and substitute(s) are in the substitution zone. A player may only sub in one position. The player that was removed may only come back into the same position.
- c. The substitution zone is the area on your side of the court between the net and the 10' line. For team benches located on the endline the endline may be used for the substitution zone. Please make sure, as a coach, that you get the referee's attention when substituting.
- d. Liberos will exchange / replace freely.

4. MATCH PLAY

- a. Match play, sets per match and points per set, will be noted on event day schedules.

Please use this form for the entire day of play.

MATCH 1 vs					
TEAM			TEAM		TEAM
SET #	1		SET #	2	SET #
LIBERO #			LIBERO #		LIBERO #
SERVE / RECEIVE			SERVE / RECEIVE		SERVE / RECEIVE
Serve Order	Player #		Serve Order	Player #	Serve Order
I			I		I
II			II		II
III			III		III
IV			IV		IV
V			V		V
VI			VI		VI
MATCH 2 vs					
TEAM			TEAM		TEAM
SET #	1		SET #	2	SET #
LIBERO #			LIBERO #		LIBERO #
SERVE / RECEIVE			SERVE / RECEIVE		SERVE / RECEIVE
Serve Order	Player #		Serve Order	Player #	Serve Order
I			I		I
II			II		II
III			III		III
IV			IV		IV
V			V		V
VI			VI		VI
MATCH 3 vs					
TEAM			TEAM		TEAM
SET #	1		SET #	2	SET #
LIBERO #			LIBERO #		LIBERO #
SERVE / RECEIVE			SERVE / RECEIVE		SERVE / RECEIVE
Serve Order	Player #		Serve Order	Player #	Serve Order
I			I		I
II			II		II
III			III		III
IV			IV		IV
V			V		V
VI			VI		VI
MATCH 4 vs					
TEAM			TEAM		TEAM
SET #	1		SET #	2	SET #
LIBERO #			LIBERO #		LIBERO #
SERVE / RECEIVE			SERVE / RECEIVE		SERVE / RECEIVE
Serve Order	Player #		Serve Order	Player #	Serve Order
I			I		I
II			II		II
III			III		III
IV			IV		IV
V			V		V
VI			VI		VI

NOTES: